



DEBORAH'S GATE SAFEHOUSE

**Deborah's Gate is a program of The Salvation Army Illuminate.*



DEBORAH'S GATE SAFEHOUSE

Empowering Survivors to live extraordinary lives through a safehouse with specialized, wrap around recovery programming. Our approach is to address healing from the inside out.

OFFERINGS

- On average 4-8 month stay
- Free of cost, all inclusive (room, food, toiletries, basic needs, financial supports available)
- Private individual bedrooms
- A kitchen and washroom shared with 1-2 other residents, and a larger shared common spaces for all
- High security, confidential, safe location
- Trauma sensitive practice designed for you with specialized focus informed by Survivors
- Customized individual case planning
- Registered clinical counseling once per week
- Specialized offerings to support your healing, such as tattoo branding removal & dental services*

WHO WE SUPPORT

- Survivors of domestic or international exploitation/trafficking for the purposes of sex, labour, or organs/tissues
- Fleeing a perpetrator or unknown threat, in need of safety
- Detoxed 3-7 days from substances, or on opiate taper offs
- Self identifying females
- Age 16 and up

SUPPORTIVE PROGRAMS

- **Renew: Mental Health & Addictions Program**
 - Specialized, Survivor informed programming inclusive of registered therapies, mental health, addictions, and trauma recovery programming.
- **Living Hope: Life & Living Skills Program**
 - Sessions to work on building skills and personal interests, community events, dance residencies, and much more
 - Life skills training in financial management, sleep hygiene, relationships, access to fitness facilities*

WANT TO KNOW MORE?

- Call or email us, our phone line is for referrals and support
 - 1-855-332-4283 (toll free)
 - referrals@illuminateht.com
 - www.illuminateht.com

*Note programs & special offerings vary depending on seasonal availability